



Research Training Programs by IMG Helping Hands™

IMG Helping Hands is offering research opportunities to medical students and Graduates applying to Residency and to Research Aspirants too. They will also be offered to publish in PubMed Indexed Journal.

Our module consists of:

- Virtual teaching (lectures/ interactive sessions)
- Opportunity to contribute to Research Projects.

1. Case Reports & Letters to the Editors:

The basics of research, case reports, and letters to the editor are crucial components of medical literature that every physician should know. These skills not only enhance your professional growth but also help you advance your career in medicine. By learning the fundamentals of research, you can expand your knowledge and stay up-to-date with the latest advancements in your field. Case reports and letters to the editor provide valuable opportunities for physicians to share their experiences and insights with the broader medical community. With this knowledge, you can hone your writing skills and contribute to the advancement of medical science. Whether you are a seasoned physician or a trainee, this program can provide you with essential skills and knowledge that will help you succeed in your future endeavors.

a) Basic Research Program:

Our Basic course is a concise **6-hour program** for individuals looking to develop their skills in case report writing and creating effective letters to the editor.

Our program is taught by experts who will guide you through the process of creating compelling case reports and writing effective letters to the editor.

Over the course of 6 hours, we will cover topics such as

- The basics of case report writing
- Different types of case reports
- How to structure your report
- How to search for and analyze literature

- Write concise and informative abstract
- Create effective tables and figures

In addition, our program will cover key concepts related to writing letters to the editor, including identifying topics and journals, understanding the structure of letters, and exploring pros and cons.

By the end of this program, you will have the skills and knowledge needed to write high-quality case reports and letters to the editor, helping you to advance your academic and professional career. Don't miss this opportunity to improve your writing skills and join our program today!

Pros:

- Teaching & Lectures provided by the research mentor
- Types of research papers, guidance on how to write it, where to look for information, etc.
- Exposure
- 2-3 weeks' duration
- Certification of completion of the module

Cons:

- No publication

**Full Fee = ~~200\$~~
Promotional Offer = 99\$**

b) Premium Research Program:

With a duration of just 2 to 3 weeks, our premium module offers a comprehensive course that covers multiple videos and an online exam to ensure that you have a solid understanding of the subject matter. Upon completion, you will receive a certificate that can be used as proof of your newfound knowledge.

But that is not all! If you choose to enroll in our Premium research module, you will receive the course at no additional cost. That is right, no \$200 fee!

During the module, you'll participate in two to four zoom sessions, and our flexible scheduling ensures that you won't have to worry about missing out on other commitments. You'll also have access to a WhatsApp group, where our expert mentors will provide one-on-one guidance as you work on tasks related to manuscript writing. Our team-based approach ensures that you'll have the support you need to succeed.

Once you've completed the module, you'll be well on your way to publishing your research. We'll handle the editing and publication process, leaving you free to focus on your next big project.

The paper gets completed within 2 to 3 weeks and the publishing then takes around 8 to 12 weeks.

Pros:

- Teaching & Lectures provided by the research mentor
- Types of research papers, guidance on how to write it, where to look for information, etc
- Exposure to International Medical Society
- 2-3 weeks duration
- A Certification of completion of the module from the mentor.
- Publication in credible Journals such as Curious or American Journal of Medical Sciences, MDPI to name just a few.

Full Fee = ~~600\$~~
Promotional Offer = 400\$

2. Narrative review

Narrative review articles and systematic review articles are essential for physicians to stay up-to-date on the latest medical research and best practices. By mastering the skills necessary to write these types of articles, physicians can gain a deeper understanding of the available evidence, improve their critical thinking skills, and make informed decisions when treating patients. Narrative reviews provide a comprehensive and qualitative analysis of a particular topic, while systematic reviews use a rigorous methodology to synthesize quantitative data from multiple studies. Both types of reviews are important tools for physicians looking to answer complex clinical questions and make evidence-based decisions. By learning how to write these types of articles,

physicians can not only advance their careers and contribute to the medical field but also improve the quality of care they provide to their patients.

a) Basic Research Program:

Looking to enhance your academic writing skills in narrative and systematic review articles? Join our **comprehensive 6-hour** program and gain expert guidance on creating high-quality reviews.

Over the **course of one day**, our program will cover:

- The basics of narrative and systematic review articles
- How to conduct a thorough literature search
- Extract and analyze data
- How to evaluate the quality of studies

You will also learn how to write clear and concise abstracts, structure your review, and effectively present your findings.

Pros:

- Teaching & Lectures provided by the research mentor
- Types of research papers, guidance on how to write it, where to look for information, etc.
- Exposure to International Medical Society
- 2-3 weeks' duration
- Certification of completion of the module

Cons:

- No publication

Full Fee = ~~500\$~~
Promotional Offer = 300\$

b) Standard Research Program:

Our standard course is a lifelong deal that have 24/7 access to our best research courses along with all the perks of basic course.(Please, go through our basic Program).

Pros:

- Teaching & Lectures provided by the research mentor + lifelong to 2hr videos
- Types of research papers, guidance on how to write them, where to look for information, etc.
- Exposure to International Medical Society
- 2-3 weeks' duration
- 2x Certification of completion of the module: 1 from the mentor and one from the videos

Cons:

- No publication

Full Fee = ~~800\$~~
Promotional Offer = 500\$

c) Premium Research Program:

With a duration of just 2 to 3 weeks, our premium module offers a comprehensive course that covers multiple videos and an online exam to ensure that you have a solid understanding of the subject matter. Upon completion, you will receive a certificate that can be used as proof of your newfound knowledge.

But that is not all! If you choose to enroll in our Premium research module, you will receive the course at no additional cost. That is right, no \$300 fee!

During the module, you'll participate in two to four zoom sessions, and our flexible scheduling ensures that you won't have to worry about missing out on other commitments. You'll also have access to a WhatsApp group, where our expert mentors will provide one-on-one guidance as you work on tasks related to manuscript writing. Our team-based approach ensures that you'll have the support you need to succeed.

Once you've completed the module, you'll be well on your way to publishing your research. We'll handle the editing and publication process, leaving you free to focus on your next big project.

The paper gets completed within 2 to 3 weeks and the publishing then takes around 8 to 12 weeks.

Pros:

- Teaching & Lectures provided by the research mentor + lifelong accessibility to 2 hr videos
- Types of research papers, guidance on how to write it, where to look for information, etc
- Exposure to International Medical Society
- 2-3 weeks duration
- 2x Certification of completion of the module: 1 from the mentor and one from the videos
- Publication in credible Journals such as Curious or American Journal of Medical Sciences, MDPI to name just a few.

Full Fee - ~~1500\$~~
Promotional Offer - 1000\$

3. Metanalysis Training Program

Meta-analysis is a powerful tool that can help physicians in their future endeavors by enabling them to make evidence-based decisions. By combining the results of multiple studies, meta-analysis provides a comprehensive overview of a particular topic, allowing physicians to draw more reliable and accurate conclusions. In our concise 18-hour Meta analysis training program and gain a solid understanding of the basics of research, while learning specific steps for Meta-Analysis from experts.

Our program covers a range of topics including:

- Research types
- Journals and types of letters to editor
- PubMed/Scopus Indexation
- Practical knowledge on understanding the structure of letters to the editor, finding topics and journals impact factor.

Over the course, you'll learn how to conduct literature reviews, search strategies, data extraction tables, PRISMA guidelines charts, and how to assess quality and publication bias. You'll also receive in-depth training on REVMAN or Review Manager, OpenMeta-analyst, Comprehensive meta-Analyst, STATA, and Mendeley.

a) Basic Research Program:

The **concise 18-hour Metanalysis training program** is taught by experts over the course of one week, with 6 hours of daily lectures for **three alternative days**.

Day 1

The first day covers the basics, including an introduction to Meta-Analysis and specific guidance on the steps involved. This includes:

- Revising literature review and search strategies,
- Creating data extraction tables,
- Understanding PRISMA guidelines
- Addressing publication bias,
- Conducting quality assessments
- A Q&A session

Day 2

Day two focuses on:

- Revising day one's material
- REVMAN or Review Manager,
- OpenMeta-analyst,

- Comprehensive meta-Analyst,
- STATA,
- Mendeley.
- A Q&A session

Day 3

On the third day, the program includes:

- Revision of day two's content
- Manuscript writing,
- Finalizing projects,
- A QnA session.

Our expert instructors will provide in-depth training on the latest software tools and techniques used in narrative and systematic reviews, including EndNote, Covidence, and RevMan. You'll also learn how to use meta-analysis and other statistical methods to analyze data and draw meaningful conclusions.

At the end of the program, you'll be equipped with the skills to write and finalize manuscripts, helping you to publish in high-impact journals and further your career in residency programs, research fellowships, PhD programs, and MPH programs.

Pros:

- Teaching & Lectures provided by the research mentor
- Types of research papers, guidance on how to write it, where to look for information, etc.
- Exposure
- 2-3 weeks' duration
- Certification of completion of the module

Cons:

- No publication

Full Fee = ~~290s~~
Promotional Offer = 175s

b) Premium Research Program:

With a duration of just 2 to 3 weeks, our premium module offers a comprehensive course that covers multiple videos and an online exam to ensure that you have a solid understanding of the subject matter. Upon completion, you will receive a certificate that can be used as proof of your newfound knowledge.

But that is not all! If you choose to enroll in our Premium research module, you will receive the course at no additional cost. That is right, no \$300 fee!

During the module, you'll participate in two to four zoom sessions, and our flexible scheduling ensures that you won't have to worry about missing out on other commitments. You'll also have access to a WhatsApp group, where our expert mentors will provide one-on-one guidance as you work on tasks related to manuscript writing. Our team-based approach ensures that you'll have the support you need to succeed.

Once you've completed the module, you'll be well on your way to publishing your research. We'll handle the editing and publication process, leaving you free to focus on your next big project.

The paper gets completed within 2 to 3 weeks and the publishing then takes around 8 to 12 weeks.

Pros:

- Teaching & Lectures provided by the research mentor.
- Types of research papers, guidance on how to write it, where to look for information, etc
- Exposure
- 2-3 weeks duration
- A Certification of completion of the module from the mentor.
- Publication in credible Journals such as Curious or American Journal of Medical Sciences, MDPI to name just a few.

Full Fee = ~~2000\$~~
Promotional Offer = 1400\$

Potential Benefits Of Research in your Match Journey:

Research experience can be beneficial in several ways when applying for residency programs in the United States:

Demonstrate Interest and Commitment:

Research experience can demonstrate your interest and commitment to your field of study. It shows that you have pursued opportunities to learn more about the subject and that you are willing to put in the time and effort required to advance knowledge.

Develop Skills:

Research experience can help you develop critical thinking, problem-solving, and analytical skills, which are essential for medical practice. You will learn how to design experiments, collect and analyze data, and draw conclusions.

Build Connections:

Research experience can help you build connections with faculty members, researchers, and peers who share your interests. These connections can be valuable when seeking letters of recommendation or networking for future job opportunities.

Enhance Your CV:

A strong research experience can enhance your CV and make you a more competitive applicant for residency programs. It can also help you stand out from other applicants who may not have as much research experience.

Prepare for Fellowship:

Research experience can be particularly beneficial if you are interested in pursuing a fellowship after your residency. Many fellowship programs require research experience, and having this experience can give you an edge over other applicants.

Overall, research experience can be an excellent way to supplement your medical education and demonstrate your passion and commitment to your field. It can also help you stand out from other applicants and increase your chances of being accepted into a residency program.

Ready to take your research skills to the next level? Reach out to us today via email, WhatsApp, or Instagram to get started.

Don't miss out on our combined bundle and other exciting offers. Enroll today to take the first step towards a successful research career.

Terms & Conditions:

The research article will be published in High impact journals with high indexations such as PubMed etc. These articles can be included in ERAS applications under the Publications section in turn making your Portfolio stand out!

We will provide the opportunity to have live interactive sessions with our Research Instructors.

Students will learn about different types of Research studies, databases, hypothesis generation and designing Research Methodology.

The research module is best suited for Medical Students, Medical Graduates and Candidates applying to US Clinical Residency Programs.

Type of Projects

- *Retrospective study and Meta-Analysis/ Systematic Review.*
- *Posters*
- *Case Reports*

Your Duties and Responsibilities include:

- *Participate in Developing project proposals, material and outputs with Research liaisons and faculties.*
- *Facilitate collaborations between assigned Research liaisons at Clinical programs.*
- *Mediate, Coordinate and Enrich the Research-relevant activities.*

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